



ACTIVITY REPORT 2019-20

ABOUT INDIA TAEKWONDO



India Taekwondo has been founded with aim to create awareness of Taekwondo at grass root level, cover the all athlete under one roof and guide them for clean development of Taekwondo. India Taekwondo is member of World Taekwondo, World Taekwondo Asia and Recognised by Indian Olympic Association.

Taekwondo is one of the most popular marshal and Olympic sports. This sports is widely played across the world as well as in India. The important part of Tae kwondo that is much popular in rural part, where 70% population lives. These all athlete need guidance and helping hand to connect them with real world of

India Taekwondo has been initiated efforts towards this development, and it result in the success in 13th South Asian Games – 2019 (Nepal) where Indian Athlete grabbed more than 20 Medals. Indian athlete represented in many International Taekwondo Championship and performed well. Few more steps such as Referee commission, athlete commission and online championship that men

India Taekwondo will always work for the betterment of Taekwondo sports in India to take Indian Taekwondo athlete at next level and we hope the support from entire Taekwondo Fraternity will be there with us.

“Together we are strong”



Index 2020

- SAG - 2019 (NEPAL)
- Korean Taekwondo Cultural Demonstration & Award Ceremony 1st- 6th Feb
- Internationala Competition
- El Hassan (29 athletes) 7-9th Feb
- Fujirao Open International Championship (106 athlete) 22-23 Feb
- PM Care Fund Donation Through Indian Olympic Association
- Referee Commission
- Athlete Commission
- WT Online International Coach Certificate Courses
- 2020 - Online Open National Taekwondo Championship
- 2020- Online Global Taekwondo Speedkicking Championship- Philippines
- Selection For 2020 Online WT and WT Asia Poomsar Championship

SAG – 2019 (NEPAL)

Indian Taekwondo Athlete has shown phenomenal performance in **13th South Asian Games – 2019 (Nepal)**. The details report will help us to understand the achievement of Indian Taekwondo athletes.

The Indian Contingent for of 13th South Asian Games from 1st December to 10th December at Kathmandu ,Nepal consists 08 Male and 08 Female players in Kyorugi event and 11 Male and 06 Female in Poomsae event along with 07 officials. The players who have shown better performance in both the event and secured 09 Gold,10 Silver, 08 Bronze medals details mentioned bellow day by day:

Total Results of Poomsae Event:- (02/12/19)

02 Gold, 06 Silver, 03 Bronze Medal

GOLD MEDALIST

- 1) GAURAV SINGH AND HARSHA SINGHA (Pair Under-29 yrs)
- 2) LALTHALMUANPUIA
LALFAKZULA
DANEIL LALHUMTHANGA
(Male Team Poomsae Under-23 yrs)

SILVER MEDALIST

- 1) SOYAM CHINGLEMBA
RANJIT KUMAR
LAISHRAM DINGKU SINGH
(Male Team Poomsae Over-23 yrs)
- 2) MAMTA KUMARI SHAH
SHILPA THAPA
GEETA YADAV (Female Team Poomsae Under-23 yrs)
- 3) PRAJAKTA PRAKASH ANKOLEKAR (Female Individual Poomsae Over-29 yrs)
- 4) SHILPA THAPA AND KUNNAL KUMAR (Pair Poomsae Under-23 yrs)
- 5) RUPA BAYOR (Female Individual Poomsae Under-23 yrs)
- 6) RAHUAL JAIN (Male Individual Poomsae Under-29 yrs)

BRONZE MEDALIST

- 1) LALTHALMUANPUIA (Male Individual Poomsae Under-23 yrs)
- 2) HARSHA SINGHA (Female Team Poomsae Under-29 yrs)
- 3) GANGPHUNG GANGSA (Male Individual Poomsae Over-29 yrs)

TOTAL RESULTS OF KYORUGI EVENT:-

07 Gold, 04 Silver, 05 Bronze Medal

1st day results (03/12/19)

KASHISH MALIK - GOLD (Female Under- 57 Kg.)
PRITHIVI RAJ CHOUHAN- BRONZE (Male Under- 68 Kg.)
KANHA MANALI- BRONZE (Male Under- 54 Kg.)
RADHA BHATI- BRONZE (Female Under- 46 Kg.)

2nd day results (04/12/19)

LATIKA BHANDARI- GOLD (Female Under- 53 Kg.)
RODALI BARUA- GOLD (Female Over- 73 Kg.)
JARNEL SINGH- GOLD (Male Under-74 Kg.)
SAURAV- SILVER (Male Under- 63 Kg.)
GAGANJOT GILL SILVER (Female Under-62 Kg.)
CHAITANYA INAMDAR- BRONZE (Male Over+ 87 Kg.)

3rd day results (05/12/19)

PURVA DATTATRAY DIXIT- GOLD (Female Under-49 Kg.)
RUCHIKA SHRIRANG BHAVE- GOLD (Female Under-67 Kg.)
MARGERETTE MARIA REGI- GOLD (Female Under-73 Kg.)
NIRAJ DILIP CHAUDHARI- SILVER (Male Under-58 Kg.)
AKSHAY HOODA- SILVER (Male Under-87 kg.)
LAKSHAY- Bronze (Male Under-80 Kg.)

In regard to the performance, I would like to mention that first time Indian Taekwondo players got 09 Gold,10 Silver and 08 Bronze (Toatal-27 Medals) in 13th South Asian Games.

The players in both Men and Women division (Kyorugi & Poomsae) have performed very well during entire training period and in the Competition as well.

Submitted by :-Deepak Pant

Coach - Indian Taekwondo Team

13th South Asian Games

SAG – 2019 (NEPAL)



KOREAN TAEKWONDO CULTURAL DEMONSTRATION & AWARD CEREMONY



KOREAN TAEKWONDO CULTURAL DEMONSTRATION & AWARD CEREMONY

Hon'ble President, World Taekwondo Dr. Chungwon Choue has visited India from 1st February to 6th February 2020 on occasion of Korean Taekwondo Cultural Demonstration & Award Ceremony at Ramakrishna Mission, Belur (Biggest Hindu Spiritual Organization in World).

India Taekwondo together with Indian Olympic Association organised welcome dinner for Hon'ble President, World Taekwondo Dr. Chungwon Choue. On this occasion Mr. Namdev Shirgaonkar (President – India Taekwondo) and Dr. Narinder Dhruv Batra (IOC Member) and President of India Olympic Association felicitated Dr. Choue. Mr. Milan Kwee (Vice President – Singapore Olympic Committee) WT Appointed Member (India Taekwondo) was also present during this felicitation.



INTERNATIONAL COMPETITION PARTICIPATION:-

Indian Taekwondo has successfully participate in below mentioned the

5.) EL HASSAN (29 ATHLETES) 7-9 FEB

2020 El Hassan Cup Open International Taekwondo Championship has been organized by Jordan Taekwondo Federation from 7th February to under the aegis of World Taekwondo. 29 athlete from India has been participated in above International Taekwondo Championship. India athlete has been performed very well, the following result will show the achievement of India athlete in above competition.

Category: Seniors Female A -46

- 1st Gold Radha BHATI INDIA
- 2nd Silver Devankshi GANDHI INDIA
- 3rd Bronze Arti SINGH INDIA

Category: Seniors Female A - 49

- 3rd Bronze Anisha INDIA

Category: Seniors Female A -57

- 3rd Bronze Kashish INDIA

Category: Seniors Female A +73

- Silver Aastha INDIA



بطولة
الحسن
المفتوحة
EL HASSAN OPEN

Category: Seniors Male A -54

- 2nd Silver Aman KUMAR INDIA

Category: Seniors Male A -63

- 3rd Bronze Shivam sudesh INDIA

Category: Seniors Male A -87

- 2nd Silver Shashank singh INDIA

6.) 8th FUJIRAO OPEN INTERNATIONAL CHAMPIONSHIP (106 ATHLETE) 22-23 FEB

8th Fujirao Open International Taekwondo Championship – 2020 has been organized by UAE Taekwondo from 31st January to 2nd February 2020 under the aegis of World Taekwondo. 106 athlete from India has been participated in above International Taekwondo Championship. The following are the achievement of Indian Taekwondo athlete in above international Championship.

Category: Cadet Black Belt Female A -47

3rd Bronze Nganthoi chanu IND

Category: Cadet Black Belt Female A -59

1st Gold Sapam yaikhombi DEVI INDIA

Category: Junior Black Belt Female A -42

3rd BronzeAyushi SINGH INDIA

Category: Junior Black Belt Female A -68

3rd Bronze Shreya JADHAV INDIA

Category: Junior Black Belt Male A -55

1st Gold Anshu DANDOTIYA INDIA

2nd Silver Shaurya CHAKRAVARTI INDIA

Category: Junior Black Belt Male A -68

3rd Bronze Shrinidhi deepak INDIA

Category: Junior Color Belt Female A -42

2nd Silver Dineshori KHWAIRAKPAM INDIA

Category: Junior Color Belt Male A -78

3rd Bronze Atul RAGHAV INDIA

Category: Cadet Black Belt Male A +65

2nd Silver Aadeesh DIXIT INDIA

Category: Cadet Color Belt Male A -57

3rd Bronze Darsh NAGPURE INDIA

Seniors Female A -62

3rd Bronze RAWAL, SONAM INDIA

Category: Seniors Female A +73

3rd Bronze BARUA, RODALI INDIA

Category: Seniors Male A -54

3rd Bronze YADAV, GAURAV INDIA

Category: Seniors Male A -74

3rd Bronze HOODA, AKSHAY INDIA



PM CARE FUND DONATION THROUHG INDIAN OLYMPIC ASSOCIATION:-

The coronavirus outbreak, which originated in the Chinese city of Wuhan, has claimed over 37 Millions affection with death toll more than One Million, has threaten entire world. The people all around the world seeking medical and emergency help globally. India Olympic Association took a big step to raise donation towards PM Care Fund to help the people infected by COVID – 19. Many National Federation extended their support to this valuable cause of IOA. India Taekwondo also extended their supportive hands by donating Rs. 1,00,000/- to PM Cares Fund through IOA.

President stated, “its National emergency and being part of society India Taekwondo is happy to help for the National Cause”

The Indian Olympic Association (IOA) has helped raise Rs 71 lakh through donations from its state affiliates and National Sports Federations (NSF) as contribution towards the country's fight against the COVID-19 pandemic.

“IOA is deeply grateful to its NSFs and state associations and other federation and bodies for extending their support and humble contributions towards the cause of our nation's fight against the COVID-19 pandemic,” the IOA said in a statement issued by its Secretary General Rajeev Mehta.

“In these challenging times, the coming together of the Olympic family to support the nation’s need once again reinforces our belief that we shall always come out stronger to serve sports and make the nation proud.”



PM CARES
Prime Minister's Citizen Assistance and Relief
in Emergency Situations Fund

INDIA TAEKWONDO REFEREE COMMITTEE

It pleasure to announce that India Taekwondo (IT) has formed Referee Committee for transparent development of Taekwondo Sports in India. IT has called for nomination for Referee Committee on 25th May 2020. Huge response has been received from all part of India and more than 150 application received for the said Referee Commission. After verifying all application on basis IR list received from World Taekwondo Referee Department and achievements of applicants, Committee of 17 Kyorugi and 7 Poomsae referee has been formed. Referee Committee consist of best Kyorugi referee such as Angela Naik, Jayanta Kumar Das, Subhash Gokul Patil (All Class I – Kyorugi IR) and Lalit Tirkey, Atul Pangotra etc experienced Poomsae IR. "Referee is key part of any sports and fare decision of referee of will always leads the pure development of sports, hence we will try our best to keep the Taekwondo image neat and clean in India and to take sports at its top" stated by India Taekwondo Referee Committee. After successful formation of Referee Committee India Taekwondo is soon going to announce its "1st Online Poomsae Championship". All athlete please prepare yourself for this mega event.

REFEREE COMMITTEE- KYORUGI					
NO.	ID	NAME	STATE	GENDER	IR CLASS
1	056-0020	Angela De Abreu Naik	Goa	F	1
2	056-0008	Jayanta Kumar Das	Assam	M	1
3	056-0026	Rajeev Angadi Thipperudraiah	Karnataka	M	1
4	056-0028	Thirumaal Jayapal	Karnataka	M	1
5	056-0077	Subhash Gokul Patil	Maharashtra	M	1
6	056-0007	Imradul Haque	Assam	M	2
7	056-0021	Peter Fernandes	Goa	M	2
8	056-0089	Atul Pangotra	J&K	M	2
9	070-0010	Ali Ahmed Zafri	Assam	M	2
10	070-0011	Dinesh Gupta	Assam	M	2
11	081-0032	Shivani Aggarwal	Delhi	F	2
12	056-0014	Sundarmani Patel	Odisha	M	2
13	056-0033	MOHAMMED ASHIQ EC	Kerala	M	3
14	056-0046	Joseph Thansanga	Mizoram	M	3
15	056-0072	Vinod Kumar	Himachal Pradesh	M	3
16	056-0110	P. ATCHUTA REDDY	AP	M	3
17	107-0020	Shwetha J	Karnataka	F	3

REFEREE COMMITTEE - POOMSAE					
NO.	GAL NO	NAME	STATE	GENDER	IR CLASS
1	056-0020	Angela De Abreu Naik	Goa	F	1
2	056-0008	Jayanta Kumar Das	Assam	M	1
3	056-0018	Lalit Tirkey	Delhi	M	3
4	081-0031	Amit Aggarwal	Delhi	M	3
5	013-0003	Anand Krishna Yadav	Uttarakhand	M	3
6	013-0007	Atul Pangotra	J&K	M	P
7	056-0032	MOHAMMED ABDUL NAZER M	Kerala	M	3

ATHLETE COMMISSION

India Taekwondo has formed athlete commission to provide platform for athlete representative to share their concern and thought direct to India Taekwondo. Two international medalist Ms. Prajakta Ankolekar –Maharashtra (SILVER MEDALIST IN 13TH SOUTH ASIAN GAMES 2019 - NEPAL) and Mr. Saurav – Haryana (SILVER MEDALIST IN 13TH SOUTH ASIAN GAMES 2019 – NEPAL) has been appointed as member of Athlete Commission.

REFEREE & ATHLETE COMMISSION

MEDIA COVERAGE

WT ONLINE INTERNATIONAL COACH CERTIFICATION COURSES

India Taekwondo has announced WT Online International Coach Certification Courses LEVEL –I and LEVEL-II under the supervision of World Taekwondo. The main benefit of this course that the licence issued after the certification will be valid till December 2021. This was great opportunity for coaches to get certification with 2 year validation.

India Taekwondo received very good response for this course registration. 57 Coaches for Level – I certification and 5 Coaches for Level – II certification has registered for the said online coach certification. During the opening session of Course WT President Dr. Chungwon Choue were present to give his best regards to all the participant. Mr. Namdev Shrigaonkar (President – India Takewondo) .



2020 OPEN NATIONAL TAEKWONDO CHAMPIONSHIP REPORT



Organized by-
INDIA TAEKWONDO

India Taekwondo organised 1st Open National online Poomsae Taekwondo championship 2020 in India. this is first ever online poomsae championship organised in india on huge level ,where around 2000 participants were participated from 28 different state. this championship held from 28th September to 6th October .this was historical tournament .

Poomsae is pre define patterned of defense and attack motions, vital to perfect techniques.

The tournament divided into colour Belt division , the competition is based on individually capabilities. In this competition India taekwondo has given a chance to participate a toddler category and also above 65 age category to development of taekwondo in india in this covid 19 pandemic situation. Surprisingly the athlete and coaches given the huge response for this tournament and make this tournament successful. the colour belt division consists of three categories and the black belt division consists of three categories and the black belt division (medal events) will have eight categories. The tournament conducted on below categories.



OPEN FOR INDIAN TAEKWONDO ATHLETES

INDIAN FAIR
28TH SEPT - 4TH OCTOBER.2020



DEADLINE !

18th September. 2020



Time: 23.59 hrs



MEMBER OF



2020 ONLINE OPEN NATIONAL,
TAEKWONDO Poomsae CHAMPIONSHIP

20-09-2020 | DAY 1

SCHEDULE WILL BE INFORMED 1 DAY BEFORE THE
INDIA INDEPENDENCE SOCIAL MEDIA MEETUP @ 00:00

2009 ONLINE OPEN NATIONAL
TELEVISION PERSONAL CHAMPIONSHIP

第十一章

IMPORTANT NOTES

- 11 India (Government) has the Right to change the Schedule at any time of the competition.
- 12 All Rights respecting IITB2023 CRYPTO Contest will abide Government.
- 13 Submission of False/Hacking submission will lead to Disqualification of participant.
- 14 Anticipated Resources will be float.



2020 ONLINE OPEN NATIONAL
TAEKWONDO POOMSAE CHAMPIONSHIP

30/09/2020



SCHEDULE WILL BE INFORMED 1 DAY BEFORE ON
INDIA TAEKWONDO SOCIAL MEDIA PLATFORMS   

Category	1	2	3
11:00AM ONWARDS	11:00AM ONWARDS	11:00AM ONWARDS	11:00AM ONWARDS
11:00AM ONWARDS	11:00AM ONWARDS	11:00AM ONWARDS	11:00AM ONWARDS
11:00AM ONWARDS	11:00AM ONWARDS	11:00AM ONWARDS	11:00AM ONWARDS
11:00AM ONWARDS	11:00AM ONWARDS	11:00AM ONWARDS	11:00AM ONWARDS

IMPORTANT NOTE:

1. India Taekwondo has the Right to change the Schedule at any time of the competition.
2. All Rights regarding 2020 ONPTC Reserve with India Taekwondo.
3. Submission of False/Wrong Information will lead to Disqualification of participant.
4. Judge Decision will be Final.

2020 ONLINE OPEN NATIONAL
TAEKWONDO POOMSAE CHAMPIONSHIP

1/10/2020



SCHEDULE WILL BE INFORMED 1 DAY BEFORE ON
INDIA TAEKWONDO SOCIAL MEDIA PLATFORMS   

Category	1	2	3
11:00AM ONWARDS	11:00AM ONWARDS	11:00AM ONWARDS	11:00AM ONWARDS
11:00AM ONWARDS	11:00AM ONWARDS	11:00AM ONWARDS	11:00AM ONWARDS
11:00AM ONWARDS	11:00AM ONWARDS	11:00AM ONWARDS	11:00AM ONWARDS
11:00AM ONWARDS	11:00AM ONWARDS	11:00AM ONWARDS	11:00AM ONWARDS

IMPORTANT NOTE:

1. India Taekwondo has the Right to change the Schedule at any time of the competition.
2. All Rights regarding 2020 ONPTC Reserve with India Taekwondo.
3. Submission of False/Wrong Information will lead to Disqualification of participant.
4. Judge Decision will be Final.

TODDLERS FEMALE
WITHIN
INDIA TAEKWONDO



2020 ONLINE OPEN NATIONAL
TAEKWONDO POOMSAE CHAMPIONSHIP

2/10/2020



SCHEDULE WILL BE INFORMED 1 DAY BEFORE ON
INDIA TAEKWONDO SOCIAL MEDIA PLATFORMS   

Category	1	2	3
11:00AM ONWARDS	11:00AM ONWARDS	11:00AM ONWARDS	11:00AM ONWARDS
11:00AM ONWARDS	11:00AM ONWARDS	11:00AM ONWARDS	11:00AM ONWARDS
11:00AM ONWARDS	11:00AM ONWARDS	11:00AM ONWARDS	11:00AM ONWARDS
11:00AM ONWARDS	11:00AM ONWARDS	11:00AM ONWARDS	11:00AM ONWARDS

**KIDS 1
COLOUR
BELT
Poomsae
ONWARDS**

**FINALS
OVER-65
MALE**
WITHIN
INDIA TAEKWONDO

SCHEDULE WILL BE INFORMED 1 DAY BEFORE ON
INDIA TAEKWONDO SOCIAL MEDIA PLATFORMS   

Category	1	2	3
11:00AM ONWARDS	11:00AM ONWARDS	11:00AM ONWARDS	11:00AM ONWARDS
11:00AM ONWARDS	11:00AM ONWARDS	11:00AM ONWARDS	11:00AM ONWARDS
11:00AM ONWARDS	11:00AM ONWARDS	11:00AM ONWARDS	11:00AM ONWARDS
11:00AM ONWARDS	11:00AM ONWARDS	11:00AM ONWARDS	11:00AM ONWARDS

**SEMI-FINALS
UNDER 50
MALE**
WITHIN
INDIA TAEKWONDO

IMPORTANT NOTE:

1. India Taekwondo has the Right to change the Schedule at any time of the competition.
2. All Rights regarding 2020 ONPTC Reserve with India Taekwondo.
3. Submission of False/Wrong Information will lead to Disqualification of participant.
4. Judge Decision will be Final.



2020 ONLINE OPEN NATIONAL
TAEKWONDO POOMSAE CHAMPIONSHIP

4/10/2020

SCHEDULE WILL BE INFORMED 1 DAY BEFORE ON
INDIA TAEKWONDO SOCIAL MEDIA PLATFORMS  

4/10/2020	11:30 ONWARDS	11:30 AM ONWARDS		
		11:30 AM	11:30 AM	11:30 AM
		11:30 AM	11:30 AM	11:30 AM
		11:30 AM	11:30 AM	11:30 AM
		11:30 AM	11:30 AM	11:30 AM

IMPORTANT NOTE:

- 1) India Taekwondo has the Right to change the Schedule at any time of the competition.
- 2) All Rights regarding 2020 CnTPC Reserve with India Taekwondo.
- 3) Submission of False/Wrong Information will lead to Disqualification of participant.
- 4) Judges Decision will be Final.



2020 ONLINE OPEN NATIONAL
TAEKWONDO POOMSAE CHAMPIONSHIP

5/10/2020



5/10/2020	11:00 AM ONWARDS	11:00 AM ONWARDS		
		11:00 AM	11:00 AM	11:00 AM
		11:00 AM	11:00 AM	11:00 AM
		11:00 AM	11:00 AM	11:00 AM
		11:00 AM	11:00 AM	11:00 AM

IMPORTANT NOTE:

- 1) India Taekwondo has the Right to change the Schedule at any time of the competition.
- 2) All Rights regarding 2020 CnTPC Reserve with India Taekwondo.
- 3) Submission of False/Wrong Information will lead to Disqualification of participant.
- 4) Judges Decision will be Final.

SEMI-FINALS

**CADET BLACK
BELT
FEMALE**

**YOUTH GOLDEN
BELT
FEMALE**

**SENIOR COLOUR
BELT
MALE**

*will be
announced today*



2020 ONLINE OPEN NATIONAL TAEKWONDO
POOMSAE CHAMPIONSHIP



FINALS SCHEDULE

ALL THE FINALS OF THE 2020
ONLINE OPEN NATIONAL
TAEKWONDO POOMSAE
CHAMPIONSHIP WILL BE HELD
ON THE 6TH OF OCTOBER 2020.
Broadcasting details will be
shared shortly.



The first of its kind online tournament will be conducted in complete transparency by a team of 18 international referees that form of the referee team for the 2020 Online Open National Taekwondo Championship.



2020 ONLINE OPEN NATIONAL TAEKWONDO POOMSAE CHAMPIONSHIP



REFREE TEAM



AMIT AGGARWAL
Delhi



ANAND KRISHNA YADAV
Uttarakhand



ANGELA DE ABREU
Goa



ASHOK K. SAHOO
Odissa



DINESH GUPTA
Assam



ELIZABETH FLORA LUIS
Goa



JAYANTA KUMAR DAS
Assam



JOSEPH THANSANGA
Mizoram



MOHD. ABDUL NAZER
Kerala



MOHD. ASHIQ C
Kerala



PETER FERNANDES
Goa



RANJITHKUMAR K.K.
Kerala



RATHEESH V.
Kerala



SABITRI PRADHAN
Sikkim



SHALINI CHAUHAN
UP



SUBASH THAKUR
HP



SUNDARMANI PATEL
Odissa



THIRUMAAL JAYPAL
Karnataka

MEMBER OF

